

Why It Is Smart To Be A Student (NOFP) Member Of NYSPA...A Top 10 List

10. **Product, Service & Travel Discounts.** NOFP members have access to discounts on credit card processing, Dell computers, Barnes & Noble.com, Six Flags Theme Parks, Alamo and Budget car rentals, office supplies and more.
9. **Communications.** NOFP and NYSPA keep you up to date with the *Friday Flash* (a weekly e-newsletter), the NYSPA Notebook (published 3 times per year), the NYSPA Website (available 24/7 with exclusive content for NYSPA members) and a social networking presence on Twitter and LinkedIn. NOFP also shares important information via the all-student list serve and Facebook page.
8. **Free Division Membership.** NYSPA has 16 special interest divisions, all of which are free for NOFP students to join. Divisions address specific needs, education and issues of the different areas of psychological practice. Each division has their own leadership board, which helps provide specialized programming and leadership opportunities. Additionally, NOFP volunteers serve as liaisons to students to help dispense division information.
7. **Professional Networking** is encouraged through regional affiliates, list serves, the NYSPA Annual Convention (to be held June 3-5 2011 at the Roosevelt Hotel in Manhattan) and division annual conferences. NOFP membership affords access to other students and professionals to make connections and open doors. **NYSPA's Career Center** allows members to find or publish psychology-specific job openings.
6. **Educational Opportunities.** In addition to NYSPA's Annual Convention and workshop that offer opportunities to learn about current research and clinical work, NYSPA's divisions also offer a variety of special topic events throughout the year to provide education. Additionally, members have access to online webinars, podcasts and other member-only downloads to promote professional development.
5. **Legislative Advocacy.** NYSPA has an active advocacy network of psychologists who monitor legislation, as well as create new legislation and regulations that protect and benefit psychology and consumers of psychological services. The Legislative committee also provides education, training and resources to those interested in working directly with their legislators (local, regional, state and federal levels) through grassroots initiatives.
4. **Presentations, Awards & Scholarships.** Student research is highlighted during the annual NYSPA convention. Present your research during student poster sessions; in addition to the professional experience, presenters are eligible for research awards and scholarships.
3. **Leadership Opportunities.** NOFP members are encouraged to take on student leadership roles within NYSPA as student division representatives and as part of the NOFP Executive Board. Gain administrative experience to develop professionalism through interaction with NOFP, the divisions, and NYSPA's central office.
2. **Mentoring Program.** Mentor relationships are important to the development of psychologists. With this program, NOFP students are matched with an experienced psychologist based on interests, who serves as a guide, role model, and teacher, and who helps in professional development.
1. **Internship and Externship Information.** NOFP co-sponsors the annual Internship and Externship Fairs where students listen in on a panel of site directors and participate in meet and greet fairs to learn about the application process and site-specific training opportunities. Information regarding specific internship and externship sites is available 24/7 online via NYSPA's website under the "Students" dropdown menu.